Organizing Local Grace Light Gatherings

Thank you for your interest in forming a local Grace Light gathering. We want to support you in your efforts to share the Grace Light with others in your local community and this letter will give you a foundation in what you need to get started successfully.

It is a great privilege to have received the Grace Light and it is an even greater privilege to share it with others. This is a work that is close to the heart of Dr. Pillai, the spiritual teacher who is focusing the Grace Light onto the physical plane for the benefit of all humanity. Remember always that Dr. Pillai will be spiritually supporting all those who do this work, and he will be the one who does the "heavy lifting". We just need to facilitate bringing interested people together in our local community and then let the Grace Light do the rest.

The spreading of the Grace Light is a very significant occurrence for the world at this time of increasing global conflicts, economic crises and environmental uncertainty. We have been unable to solve the world's current problems with human solutions. We need divine solutions. The Grace Light will be the means by which this divine intervention will touch and transform the planet and every person in the world.

What materials do I need to hold a Grace Light gathering?

The materials that you will need in order to hold a Grace Light gathering are:

- The Grace Light DVD this will be the main tool you will use to share the Grace Light during gatherings.
- Incense Ideally we try to use Dr. Pillai's Planetary Incense This can be purchased through the store at <u>www.pillaicenter.com</u> The 9 planets incense packets come with special incense for each day of the week. You may also use other incense if you do not have any of the planetary incense available.

Salt water - A glass of water with a tablespoon of sea salt mixed into it.

A flower - Only one flower petal is really needed. Take one petal and dip it in the salt water and cast the water in the four directions.

Can I charge money for attendance to my Grace Light gathering?

No. Dr. Pillai has asked that we do not charge for sharing the Grace Light. If you do incur expenses through renting space in order to have a Grace Light event, then it is appropriate to ask for donations to cover those expenses.

However, any money over the expenses that is collected should be donated to charity. Any worthy charity of your choosing is fine.

How do I find new people to join my Grace Light gathering?

There are many ways that you can get the word out regarding your new Grace Light gathering for free before you venture into even economical for-pay advertisement venues.

Some of our organizers have used <u>www.meetup.com</u> and <u>www.craigslist.org</u> in order to advertise their meetings for free online within their local community to receive good response.

You may also investigate the online version of some of your local papers and free newspapers. Many will often offer free advertisement opportunities on their online versions.

The next step up from these is to look into the print version of your local spiritual newspaper if your area has one. These are usually free newspapers that are found in your local coffee shops, yoga studios, and bookstores. You might like to experiment with a listing in the events section or the classified ads.

Are there materials that I can use to help me promote my Grace Light gatherings?

We are in the process of developing templates for flyers or posters that you could use to put up in local spiritual centers, bookstores, yoga studios, community bulletin boards, etc. You will be notified via the grace light email list that you are a member of or through the Grace Light forums when these materials are available. These materials will include some general text advertisements that you can edit to suit your local needs for classified advertisements.

My house (or apartment) is too small for gatherings. What are some easy ways that I can use the resources of active groups in my community to share the Grace Light?

Many people will find that there are lots of groups already active within your communities that are very interested in having you coordinate a Grace Light gathering with their group. Many groups are always looking for presenters to do events in their space. Check your local listings for Unity Church, the local Lodge of Freemasons and New Age/Spiritual bookstores.

Is there a way for me to interact with others who are forming Grace Light groups to share and exchange thoughts and ideas?

We will be continuing to develop our support resources as things grow, but you will always be able to make contact with others who are active in the global Grace Light community through the Grace Light Global group on Yahoo! Groups.

To get started with Yahoo! Groups, go to <u>www.yahoo.com</u> and click on Groups on the left hand navigation menu.

On the next page you will see Find a Yahoo! Group. First type in "GraceLight"; make sure to not leave a space between the two words and then click "Search". This will help you to just pull up just the current Grace Light groups. On the first page of the search results, you should see a listing for Grace Light Global.

Joining this and any of the other groups is as simple as clicking on the group title and then on the next page at the top right you should see a blue button that says "Join This Group!" Then just follow the instructions to complete signing up for the group.

You can always find helpful information, ask questions and share in community at the Yahoo! Grace Light Global group.

What do I say to people at a Grace Light gathering?

The following is an outline and example script of a Grace Light gathering:

"Welcome everyone. Thank you for coming to share in the Grace Light with us today.

I am ______ and I first experienced the Grace Light _____ (insert your story here about your experience with the Grace Light and why you were so inspired to share it with others by holding a gathering. Share about what the Grace Light means to you. Share your testimonial of how Grace Light has impacted your life. If you have held previous gatherings and new people are present, it's nice to share 1 or 2 details about yourself so people can connect with you.)

To receive the Grace Light empowerment we will be using a Grace Light DVD presentation, in which we will be guided through the opening of Gates 1 through 4 by Dr. Pillai. (*It is good to have had the DVD inserted and advanced to exactly where you want to start it prior to the opening of the meeting. It is also helpful if you have already played the DVD to check that the volume is at the appropriate level beforehand.*)

These gates correspond to centers or chakras focused within our etheric spine. When Dr. Pillai will tell you to see a ball of light in the navel center,

the heart center, or the throat center, the ball of light is visualized at the level of the navel, heart or throat in the area of the spine.

Before the meditation to open Gates 1 through 4:

We'll be seeing a 10 minute talk by Dr. Pillai explaining exactly what the Grace Light is.

We'll also be watching a demonstration of the Giving and Receiving process.

After opening all 4 gates there will be a giving and receiving process which involves gently touching the head of the other person. During the meditation the person who is going to be the receiver will be guided to open their eyes and move to where they can place their hands over the receiver's head. Once you get into position with your hands over the receiver's head you should close your eyes to enable a deeper focus.

Before we begin, we need to make sure that everyone has a partner. OK, now that everyone is paired up we need to make sure we know who is going to be the first giver. The person on the right can go first; or the person on the left, as long as you are in agreement with your partner.

I just want to give an example of how to place your arms so that your arms won't get tired during the session. Choose someone and model how to place your arms with your elbows slightly bent. Depending upon your height and length of arms it may be easier for you to stand slightly to the side of your partner, just make sure now that we have enough room around our chairs to enable this if you think you would need to do that.

If you are the receiver and you feel that the giver is placing too much weight on your head, you can gently reach up and tap the receiver's hand to let them know to ease up a bit.

During the meditation Dr. Pillai will be chanting a very powerful Grace Light chant which translates as:

Vast Grace Light, Vast Grace Light, Supreme Compassion, Vast Grace Light

It's important to just receive the sounds as Dr. Pillai is transmitting the Grace Light through His voice. Even if you know the chant, just receive it silently during this transmission.

During the giving and receiving process negative karma will be released from your brain cells. This will cause old negative patterns of thinking and behaviors that no longer serve you to be released from your life and your perceptions will change as a result. After we go through the complete 4 gates meditation, we will also receive a silent transmission of the Grace Light directly from Dr. Pillai on the DVD. All you need to do during this silent transmission is to focus your eyes on Dr. Pillai's form.

Now I will just start the DVD and we will begin.

(*Press "play" on your DVD player to begin Dr. Pillai's explanation of the Grace Light.*

Right after Dr. Pillai does the clearing process and says "now we'll begin" you must say "CLOSE YOUR EYES NOW" since some people keep watching the screen even if Dr. Pillai has begun the part about the vortex.

At the end of the meditation, as Dr. Pillai finishes the Om Shanti, and says "now come back at your own time," have the remote in your hand and press pause at that point (this is JUST BEFORE THE SILENT TRANSMISSION) so everyone can come back at their own time. Otherwise it goes immediately into the Silent Transmission and people get disoriented since they aren't fully back and have to quickly open their eyes.

Give everyone a few moments while the remote is on pause. Then, say firmly since a few may still be in trance, "now OPEN YOUR EYES and look at the screen and we'll receive a silent transmission of the Grace Light from Dr. Pillai."

Now, press play on Dr. Pillai's Silent Transmission.

After the Silent Transmission ends, allow a few moments of silence and you may choose to turn the DVD player off at this time.)

We can take a short break now, if anyone would like to get up and stretch, get some water or use the rest room.

(After everyone returns from the break)

Receiving the Grace Light is beginning to create powerful changes in your etheric body that will allow it to receive more and more light and to hold more and more divine intelligence as light. Especially in the beginning, there will be an integration process which might manifest in all kinds of ways depending upon what you are releasing. You may find yourself releasing feelings of anger, low self-esteem or depression, or even spontaneous release of tears and other feelings and emotions. This is all part of the process: just know that these feelings are being released by the Grace Light so that you can evolve into greater light. You may still be feeling a bit light or spacey due to the powerful meditation work that we have done--please just be gentle with yourself and take your time to get grounded as you make your way home today.

If anyone has any questions or comments or would like to share at this time--you are welcome--Thank you all for coming to share the Grace Light with us today."

Thanks for your interest in holding local Grace Light gatherings. We will do everything we can to support you in this work. The blessings of Dr. Pillai will always be with those who are seeking to do this work.

"Peace, Peace, Peace"